


# Reema Alahaideb

## CONTACT

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 11/6/1999  Single  Saudi  Kingdom of Saudi Arabia , Riyadh

## OBJECTIVE

I am a graduate seeking to develop my skills in practice, develop my talents, and continue to work positively as Clinical Dietitian.

## EDUCATION

Bachelor degree in Clinical Nutrition program, College of health and rehabilitation science.

graduation year: 2021  
Princess Nourah Bint Abdulrahman University

## EXPERIENCE & TRAINING LOCATIONS

- Riyadh Care Hospital ( Sep 2021 to Nov 2021)
- Saudi food and Drug authority in Riyadh (Dec 2021 to Feb 2022)
- Dr. Sulaiman Al Habib Hospital in Riyadh (Mar 2022 to May 2022)
- Security Forces Hospital in Riyadh (June 2022 to Aug 2022)

## QUALIFICATION AND SKILLS

Determined patients -specific nutrient and energy requirements, with consideration to specific lifestyles, and medical conditions.

Carb counting for Diabetic patients

24h dietary recalls

STEP : 87

Mastery of computer skills including Microsoft office.

Effective communication

Time management

## RECOMMENDATIONS

From Clinical Dietitian : Farah A Al-Boukai Dr. Sulaiman Al Habib Medical Group, Takhassusi Hospital, Riyadh  
for contact tele: 0118026889 phone: +966-11-2833333 | Ext: 5178  
Email: farah.alboukai@drsulaimanalhabib.com

From SD.Manal Al Harthi, Intern superviso, Clinical Nutrition Department, Security Forces Hospital Program, Riyadh  
for contact tele: 0118026889